

Subscribe to DeepL Pro to translate larger documents. Visit www.DeepL.com/pro for more information.



2nd Session

From Voice To Action

The plus and minus of the Sch

SESSION OBJECTIVES

It is intended that the space and entity School is also the guarantor of the wellbeing of children and young people, namely those living in residential care. It is also intended that participants are aware of their rights and duties, as well as those of the educational community.

MATERIALS: a bag with strips of sentences/reflections

DESCRIPTION:

To introduce the session, children and young people are challenged to answer a few questions that entitle them to a prize (sweets, chocolate, etc.): Who are the facilitators? What was done and discussed in the last session?

After this initial dynamic, the facilitators ask all the participants (children, young people and teachers) an **opening question**, to which they are the first to reply: What is school for you?

Afterwards, participants are asked to share negative and then positive episodes experienced at school, to be discussed together, namely with the teachers present.

After sharing negative and positive episodes experienced in school by children and young people, teachers are invited to give their





contribution in order to identify some gaps that may exist and improve the wellbeing of these children and young people in the school environment. At this stage, some questions are raised to encourage a joint discussion:

- Does the school know and recognise the specificities of those who grow up outside the family?
- Does the educational community take into consideration that some maladjusted behaviours are only consequences of adverse experiences lived in childhood that are activated by recent episodes?



Negative Episodes

- 1. I feel that at school I have no one I can trust.
- 2. I feel that school is not a safe place because I have felt fear at school.
- 3. I feel I am treated differently by the adults at school because I don't live with my family.
- 4. I have felt humiliated by an adult at school.
- 5. I am treated differently by my schoolmates because I don't live with my family.
- 6. I have experienced fear at school because I live in a Foster Home.
- 7. I have felt shame for not living with my family.

Positive Episodes

- 1. When I finish school I think I will miss it.
- 2. The school understands the difficulties I experience living in a Foster Home.
- 3. In class, my classmates know that I am in a Foster Home and they still like me.
- 4. School is my second home.
- 5. There are people in the school who I like as if they were my family.







COIMBRA - Alameda da Feira, S/N - 3045-382 S. Martinho do Bispo <u>www.paje.pt</u> · Tel. 913142204 · <u>geral@paje.pt</u> · NIF: 513967419 · facebook.com/PlataformadeApoioJovensExacolhidos